

# IMPORTANT NOTE FOR FACILITATORS

## Choices in Recovery

1. This session is best facilitated after having completed the session 'Exploring Recovery'.
2. Before watching the video, please explain the following to your participants:

It is important to note, that you may be under a guardianship, power of attorney, disability and/or limited in your decision-making capability. As a result, this session and its content may not be entirely applicable to your situation. What you can take away from this however is that choice is empowering and can take on many different forms. Everyone's journey is different, ultimately knowing and understanding *your* rights in your situation is what's important.

3. Watch the video up to **4 mins 20 seconds. Pause the video.** You will then move onto part A and B of the participant resource, please complete this. Once this has been completed, continue watching the video to the end **then complete part C of the resource.**

This will help break up the content and video and gives participants time to process information and apply it through stages.