

GROUP PROGRAM



L2B GROUP PROGRAM EXAMPLE

Z	Mon	TUES	WED	THURS	FRI	SAT	SUN
Week 1							
Week 2							
Week 3							
Week 4							

L2B GROUP PROGRAM TEMPLATE

	Mon	TUES	WED	THURS	FRI	SAT	SUN
Week 5							
Week 6							
Week 7							
Week 8							

GROUP PROGRAM

	Mon	TUES	WED	THURS	FRI	SAT	SUN
Week 9							
Week 10							
Week 11							
Week 12							