

Learning2B (L2B)

A Group Program designed to
Build capacity of those you support



Are you a Mental Health Worker or Peer Worker employed by Flourish Australia?

We have designed a program L2B, that enables you to facilitate capacity building groups. You can *enrich the lives of others* through *audio visual resources*, *meaningful recovery conversations* and by *nurturing individual reflection and growth*.

What is Capacity Building?

Capacity building is an ongoing process through which individuals, groups and societies strengthen their skills, competencies, and abilities to set and achieve their own development objectives over time.

You Will

- Receive training and support in delivering the L2B program.
- Facilitate a variety of group topics.
- Nurture growth and capacity building in those you support.
- Engage in self-reflection and learn to facilitate in your own unique style.

If you would like to find out more, please contact
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Where mental wellbeing thrives